

# Grandpa's Triathlon Family Friendly Center City Days Event

Grandma has a marathon....Grandpa has a triathlon.

**DATE: July 29, 2017**

**Time: 9:00**

**REGISTRATION FROM  
8:00- 8:45**

Entry fees: \$30.00 per team  
All proceeds go to the Center City Parks

START AT THE LOWER PARKING LOT  
OF THE CHISAGO LAKE CHURCH  
1 SUMMIT AVE, CENTER CITY, MN

Contact City of Center City  
651-257-5284

For more information or to register call:  
Larry at 651-257-6822

## Team/Individual Event

- 3 members per team
- 1 team member to bike
- 1 team member to run/walk
- 1 team member to paddle

**Sponsored by:**  
Center City Parks  
Anytime Fitness  
Thrivent Financial

Team Leaders/Parents/Grandparents,  
get your teams together and meet us  
there..may the best team win.  
There will be prizes and fun for all!!



## BIKE HELMETS AND LIFE PRESERVERS REQUIRED

Release of Liability Agreement.  
In signing this release for myself (or for named entrant when entrant is under age 18), I understand the intent of this release and agree to absolve all of the sponsors, organizers, and associated entities, be they individuals or organizations, individually or collectively, or all blame for any injury, harm, loss or inconvenience suffered as a result of taking part in the fitness activity.

**Center City Parks**



Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Sex \_\_\_\_\_ Age on race day \_\_\_\_\_

### Waiver Signature:

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian if under 18 years of age. \_\_\_\_\_ Date \_\_\_\_\_